## 2023 SURREY DISTRICT

## TRACK MEETS

REQUIRED OFFICIALS


Surrey Elementary Schools Athletic Association / PHE

## 1 X CLERK OF THE COURSE:

- Announcer
- trouble shooter
- "go to" official (experience at track meets helps)


## 2 X Marshals:

- Organize athletes into their lanes.
- In contact with the head judge via a walkie-talkie (experienced with where races begin, when athletes must remain in their lanes, when athletes may safely move to inside lanes in the 600m, 800m, how to instruct relay marshals, etc.)


## $1 \times$ HEAD JUDGE:

- Makes sure the judges are standing where they can see "down" the finish line.
- in contact with the marshal or starter with a walkie-talkie.
- waves flag to indicate judges are ready for the next race.
- keeps lanes past the finish line empty for safety.
- solves issues over finish.
- prepared to switch judges if one is having trouble choosing their placement.


## 8 x JUDGES:

- Choose the assigned placement by looking for team colours.
- hands out ribbons for each race.
- tells runners to move to the outside after the race.
- watches for the runners who finish one place faster and one place slower than their assigned ribbon to help fellow judges.


## $1 \times$ STARTER:

- stands 5 m in front of the runner in the eighth lane.
- usually stands on the infield but may stand on the outside for relays and 400 m in order to be able to see all the runners.
- calls, "on your mark, set" (after everyone is motionless), fires gun when everyone is motionless.
- varies the time between set and the gun between 2-5 seconds so that runners do not anticipate the cadence from watching a habit with the $600 \mathrm{~m}, 800 \mathrm{~m}$ and 1500 m calls only, "on your mark, then the gun."
- holds a flag up to indicate ready to the judges/timers and watches for a flag to indicate they are ready, drops the flag before the count.
- fires the gun a second time if false start (note: possibly give a little leeway at mini-meets or practice meets)
- wears sound suppressors
- can wear a red vest or pinnie.


## 3-4 x LONG JUMP OFFICIALS:

- One records, one measures, one rakes, if you have a fourth, they stand at the athlete line and tell the athlete when to "go".
- At a "mini meet" we advise that you measure the "fast way" by stretching the tape out at the side of the sand pit with the 0 at the sand side of the jump board, recorder stands at the sand edge of the jump board and watches if the jumper's shoe is over which is illegal.
- Recorder makes sure the rake is out before the next jumper comes.
- Raker smoothens the sand after each jump and occasionally stops the jumping to pull sand back into where jumpers are landing.
Note: if you are operating two long jumps at a time you will need double the officials


## 3-4 x TRIPLE JUMP OFFICIALS:

- One official records, one official measures and one official rakes, a fourth official will stand at the front of the athlete line and tells the athlete when to "go"
- recorder sets up three jump lines with duct tape at $4 \mathrm{~m}, 5 \mathrm{~m}$ and 6 m , places a different coloured cone at each "start."
- recorder instructs the athletes to practice a jump and choose a take-off so that they will end in the sand and take off with their "third" jump from the run-up
- runners tell recorder which cone, and line is their take-off point
- jump is illegal if they step past their line.
- Measurer stretches the tape with the 0 mark beside the closest cone, one meter is added if they jump legally from the second cone and two meters are added if they jump legally from the third cone.
Note: if you operate you will need twice the number of officials.


## 3 x SHOT PUT OFFICIAL:

- Preferably 4- measure person looks for where the shot touches down and holds the 0 mark on tape at the edge of the divot nearest to the front edge of the circle or kickboard.
- Recorder stands in the circle until the measure person and raker are out of the landing quadrant.
- Recorder then tells the next person to enter the circle.
- Recorder after instructing athletes watches to see that the athlete enters from the back half of the circle and leaves from the back half of the circle.
- Recorder after instructing the athletes, watches to make sure that the shot putter's elbow stays behind the putting hand or that the elbow does not proceed the putting hand- ie.
- Shot putter does not throw the shot.
- Recorder makes sure the shot putter does not step on the kickboard or step out the front of the circle during the shot put.
- Recorder makes sure the tykes are using a 4lb. Shot and the pee wees/bantams are using a 6 lb . Shot.
- Recorder measures by pulling the tape back with no loops towards the centre of the circle and reads where the tape crosses the front of the circle or inside rim of the kickboard.
- Raker retrieves the shot and quickly smoothens over the divot.
- A fourth official can measure at the circle and while the recorder records the shot put.

Note: if you operate two shot pits you will need twice the officials.

