

SPECIAL TRACK MEET



**Little Athletes
Big Dreams**

At the South Surrey Track

14600 20 Ave (south)

PROGRAM

* POINTS TO REMEMBER *

1. Please send one coach to check in at the officials' tent upon arrival, pick up your package and join in the Zumba warm up. **Remember to have your athletes wear school jerseys. Nametags are required clearly stating the athlete's name as this makes it easier for our officials to interact with the athletes.**
2. Individual track events (60, 80m, 150m) will take place first and athletes will compete in **their grade/gender group**, please listen to the announcements for a call to the marshalling area which is located behind the start line.
3. In the marshalling area, the students will be grouped into "like-abled" heats and there will be wheelchair heats and able-bodied heats. **Students in wheelchairs should wear a helmet for safety and need to be secured in their chairs.** If a competitor needs their EA to run with them, a lane will be made available.
4. Field events: Softball Throw, Frisbee Toss, Hitting off the Tee, Long Jump, Soccer, Obstacle Course, Pin Trading. **School teams will be assigned to a group to balance the numbers with a cap of 30 athletes. Please stay with your assigned group for the field events so we do not have long line ups.**
5. One field station is a rest break and a time to visit the concession and avoid a long line up at lunch. There will still be lunch break for everyone, followed by relays. Please support our concession as money raised goes back into the meets.
6. Different coloured ribbons will be awarded at the completion of each event at that location, including each leg of the relay, to athletes who participate. Each ribbon says "Winner." During the track events please instruct your athletes to remain in their lanes after the race until they receive their ribbons. **Each participant needs to have a safety pin on their jersey so they can pin on their ribbons. Please take care of your ribbons especially in the obstacle course, as we have a limited number.**
7. There will be a line of flagging held to clearly indicate the finish line, so coach your athletes to lean forward into the tape.
8. **Pin Trading Station – there is a pin trading station for athletes, coaches and volunteers to trade pins and badges. Please make sure your athletes come with some items to trade!**

Track Meet Schedule

Time: 9:00 am – 10:00 am

60M (Green)	Gr4 Boys
60M	Gr4 Girls
60M	Gr5 Boys
60M	Gr5 Girls
60M	Gr6 Boys
60M	Gr6/7 Girls
60M	Gr7 Boys
60M	All Wheelchair Athletes
60M	Athletes with Mobility Challenges

80M(Black)	Gr4 Boys
80M	Gr4 Girls
80M	Gr5 Boys
80M	Gr5 Girls
80M	Gr6 Boys
80M	Gr6/7 Girls
80M	Gr7 Boys
80M	All Wheelchair Athletes
80M	Athletes with Mobility Challenges

150M (Purple)	Gr4 Boys
150M	Gr4 Girls
150M	Gr5 Boys
150M	Gr5 Girls
150M	Gr6 Boys
150M	Gr6/7 Girls
150M	Gr7 Boys
150M	All Wheelchair Athletes
150M	Athletes with Mobility Challenges

Field Events

Please stay in your group and rotate together.

Rotation 1 10:15-10:30

Obstle Course	Group 1
Concession	Group 2
Frisbee	Group 3
LJ	Group 4
Soccer	Group 5
Pin Trading	Group 6
Softball	Group 7
T-Ball	Group 8

Rotation 3 10:45-11:00

Obstle Course	Group 7
Concession	Group 8
Frisbee	Group 1
LJ	Group 2
Soccer	Group 3
Pin Trading	Group 4
Softball	Group 5
T-Ball	Group 6

Rotation 5 11:15-11:30

Obstle Course	Group 5
Concession	Group 6
Frisbee	Group 7
LJ	Group 8
Soccer	Group 1
Pin Trading	Group 2
Softball	Group 3
T-Ball	Group 4

Rotation 7 11:45-12:00

Obstle Course	Group 3
Concession	Group 4
Frisbee	Group 5
LJ	Group 6
Soccer	Group 7
Pin Trading	Group 8
Softball	Group 1
T-Ball	Group 2

Rotation 2 10:30-10:45

Obstle Course	Group 8
Concession	Group 1
Frisbee	Group 2
LJ	Group 3
Soccer	Group 4
Pin Trading	Group 5
Softball	Group 6
T-Ball	Group 7

Rotation 4 11:00-11:15

Obstle Course	Group 6
Concession	Group 7
Frisbee	Group 8
LJ	Group 1
Soccer	Group 2
Pin Trading	Group 3
Softball	Group 4
T-Ball	Group 5

Rotation 6 11:30-11:45

Obstle Course	Group 4
Concession	Group 5
Frisbee	Group 6
LJ	Group 7
Soccer	Group 8
Pin Trading	Group 1
Softball	Group 2
T-Ball	Group 3

Rotation 8 12:00-12:15

Obstle Course	Group 2
Concession	Group 3
Frisbee	Group 4
LJ	Group 5
Soccer	Group 6
Pin Trading	Group 7
Softball	Group 8
T-Ball	Group 1

Lunch Break 12:15-12:45

4 x 60m Relay(Blue Ribbons) 12:45-1:15 pm

There are four athletes on a relay team. Schools without groups of four can send individual athletes to the marshalling infield where groups of four will be formed with other schools. Make sure your athletes know how to pass and receive a baton.

If you have any questions, ask a volunteer track official in a blue shirt/jacket.

Athletes need:

1. school jerseys
2. name tags
3. safety pins to put on their event ribbons
4. lapel pins to trade with track officials and other athletes
5. a hat or something to display their pin collection
6. money to purchase food from the concession

Athletes will receive:

1. a different coloured ribbon for every event they ***complete***
2. a medallion from their coaches at the end of the day
3. some lapel pins
4. McDonald's coupon for a celebratory treat

Coaches need: first aid kit, sun block, safety pins for ribbons, lapel pins to trade, dancing shoes and loud cheering voices. Please no lawn chairs as there is only a narrow space between the track and the bleachers and we need ***people to stay off the track*** but still allow a walkway for athletes and wheelchairs.

Volunteers/Officials need: blue golf shirts, lapel pins to trade with the athletes, dancing shoes, loud cheering voices and I recommend dark sunglasses to hide the tears of joy and pride!

Thank you to our sponsors for making this meet possible!

Email questions to: specialtrackmeets@surreyschools.ca