

2023 Central Zone Volleyball Schedule

ATTENTION COACHES:

We are going to have a 6-week season. Week 6 will be our playdays which will be finalized once we know our hosts. We have **13 Boys teams**, and **14 Girls teams** registered this year in our zone. Please see schedule below. **Team listed first is host for day.**

REGULAR SEASON:

Please also note that Volleyball this season will be played at 5 on 5 and our SESAA Volleyball Convenor is **Jennifer Tarnowski**.



<http://www.sesaa.org/>

Please refer to the volleyball section on the **SESAA website & 2023-2024 Handbook** for **updated volleyball specific rules.**

Note that rules for rotation, number of serves, etc. all continue to pertain to the game. ***Please arrange your team into 3 separate teams, so they can rotate and play all the teams from the other school including their own.*** **When 3 schools are scheduled at a location, please only bring 2 teams with some subs for each that rotate in.**

NEW TEACHERS / NEW COACHES

If you cannot make a scheduled game, PLEASE contact the host school as early as possible to let them know. This way they are not waiting for you and the kids are not disappointed once in uniform.

Hugh McDonald
SESAA Central Zone Rep
Grade 7 Teacher Sunrise Ridge Elementary

School	Volleyball Coaches (Boys Teams)	Volleyball Coaches (Girls Teams)
Hyland	Katherine Van Alstyne	Edward Carter
Coyote Creek	Sharlene Fontana	Jared Stevens
Sullivan Elementary	Derek Mullen	Danielle Schroeder
William Watson	Deeptika Singh	Deeptika Singh
TE Scott	Sonny Gill	Bruce Dann
Walnut Road	Ron Gerbrandt	Mary Lockie
Cambridge	Jamie Vicente; Ixchel Bradley	Carmel Sahai; Mandy Dhami; Jaslina Atwal
Chimney Hill	Baydah Al-Ghadban	Chris Mohammed
Bear Creek	Amy Manzer	Amy Manzer
Goldstone Park	Laura Grills	Amin Kalair
Maple Green	Katie Goulah	Jared Insell
Green Timbers	Laura Lim	Steve Brugger
MB Sanford	Vicki Glover	Christina Madarasz
Woodward Hill	n/a	Sheila Kim; Jagjit Mandaher

Central Zone Volleyball Schedule 2023

Team listed first is the host for the day.

Boys			Girls		
(Week #1) 25-Oct			(Week #1) 26-Oct		
Home	vs	Away	Home	vs	Away
Bear Creek	vs	Walnut Road/ TE Scott	Bear Creek	vs	Woodward Hill
Hyland	vs	Goldstone Park	Hyland	vs	Goldstone
Coyote Creek	vs	Cambridge	Coyote Creek	vs	Cambridge
William Watson	vs	Green Timbers	William Watson	vs	Green Timbers
Chimney Hill	vs	Maple Green	Chimney Hill	vs	Maple Green
Sullivan	vs	MB Sanford	TE Scott	vs	Walnut Road
			Sullivan	vs	MB Sanford
(Week #2) 01-Nov			(Week #2) 02-Nov		
Home	vs	Away	Home	vs	Away
Maple Green	vs	Coyote Creek/ Goldstone	Maple Green	vs	Goldstone
Green Timbers	vs	Bear Creek	Green Timbers	vs	Woodward Hill
MB Sanford	vs	William Watson	MB Sanford	vs	Chimney Hill
TE Scott	vs	Chimney Hill	Coyote Creek	vs	William Watson
Cambridge	vs	Hyland	TE Scott	vs	Bear Creek
Walnut Road	vs	Sullivan	Cambridge	vs	Hyland
			Walnut Road	vs	Sullivan
(Week #3) 08-Nov			(Week #3) 09-Nov		
Home	vs	Away	Home	vs	Away
Hyland	vs	Green Timbers/ Sullivan	Hyland	vs	Green Timbers
Goldstone Park *Tues. Nov. 7	vs	Chimney Hill	Goldstone	vs	Sullivan
Cambridge	vs	Bear Creek	Woodward Hill	vs	TE Scott
TE Scott	vs	Maple Green	Cambridge	vs	Maple Green
William Watson	vs	Walnut Road	Bear Creek	vs	Chimney Hill
Coyote Creek	vs	MB Sanford	William Watson	vs	Walnut Road
			MB Sanford	vs	Coyote Creek
(Week #4) 15-Nov			(Week #4) 16-Nov		
Home	vs	Away	Home	vs	Away
MB Sanford	vs	Cambridge/ TE Scott	MB Sanford	vs	Cambridge
Coyote Creek	vs	William Watson	Coyote Creek	vs	Bear Creek
Chimney Hill	vs	Hyland	Chimney Hill	vs	Sullivan
Walnut Road	vs	Goldstone Park	Walnut Road	vs	Goldstone Park
Green Timbers	vs	Bear Creek	TE Scott	vs	Green Timbers
Maple Green	vs	Sullivan	Maple Green	vs	Hyland
			Woodward Hill	vs	William Watson
(Week #5) 22-Nov			(Week #5) 23-Nov		
Home	vs	Away	Home	vs	Away
William Watson	vs	Cambridge/ Chimney Hill	William Watson	vs	Chimney Hill
Goldstone Park *Tues. Nov. 21	vs	TE Scott	Goldstone Park	vs	TE Scott
Green Timbers	vs	Walnut Road	Green Timbers	vs	Walnut Road
Maple Green	vs	Hyland	Hyland	vs	Woodward Hill
Sullivan	vs	Coyote Creek	Maple Green	vs	MB Sanford
Bear Creek	vs	MB Sanford	Sullivan	vs	Coyote Creek
			Bear Creek	vs	Cambridge

Week #6 (Playday Week – Boys: Wed. Nov. 29, Girls: Thurs. Nov. 30)

Schedule to be shared after Playday Hosts finalized by Hugh.