The 40th Annual

Barry Morley Memorial Track Meet

Surrey Elementary Schools **2014 Program**

Track Meet Dates

♦ Tiny Schools	Tues. May 27/14
♦ Small Schools	Wed. May 28/14
♦ Medium Schools	Thur. May 29/14
♦ Large Schools	Mon. June 2/14
♦ Ex-Large Schools	Tue. June 3/14
♦ Big Schools	Wed. June 4/14

Rainout Days

Fri. May 30/14
Thur. June 5/14
Fri. June 6/14

Note:
In case of rain, listen to CKNW between 7:30 am —7:45 am

A MESSAGE FROM THE COORDINATORS
2014 BARRY MORLEY MEMORIAL TRACK MEET

Welcome to the Fortieth annual Barry Morley Memorial Track Meet. This year one hundred and one schools have registered for track and field!

This being the fortieth edition of these track meets, we need to pay thanks to those who were there at the beginning and had the vision to begin what we carry on today: Norm Barton, Barry Morley, Graham Cooper, Bruce Rutherford, to name just four. Thank you to all officials for your hard work during the track meets and helping to keep these six days, "The Best Days of the Year!"

It is our goal as coordinators to organize a safe, enjoyable, competitive meet for all participants. In the program, every school has been assigned a station to officiate for the day. Previous experience at your station is not necessary. We will give you on-the-spot training and by the end of the day you will be an expert! **Our recommendation is that each school identify teachers or parents as early as possible to be your officials**. **Schools that are officiating a field event need to have four officials present throughout the day.** We encourage those schools that are officiating a field event with another school to contact that school ahead of time to work out your schedule for volunteers. **Please note that the district does not provide release time to officiate an event beyond a core group that are released each day. They have been notified by the coordinators.**

We wish to thank Surrey School Superintendent, Jordan Tinney; Trustee, Laurae McNally; P.E. Helping Teachers, Glenn Young and Dean Maion; and SESAA (formerly SEAS) for their support of the athletic program.

Here are a few important messages for the officials coming from your school:

- Please try to have all officials at Bear Creek park by 9:30 so that the events can begin on time.
- All equipment and record keeping materials are provided.
- All field event officials will receive their instructions from the field event coordinators , Mr. Brown and Mr. O'Malley, who will be located at the canopy between the long and triple jumps.
- It is very important in the field events that all athletes make their first attempt before their second attempt, etc. They do not perform three consecutive attempts.
- Please have your officials read the Track and Field Regulations in the program that describe how to officiate the specific events. One key regulation in all jumping and throwing events is the "0" end of the tape measure is placed where the implement touches down or the heels make contact in the sand and the tape is pulled back to the throwing circle or takeoff board.
- Please do not hesitate to get clarification from one of the coordinators.

Here are a few important items to help make your day an enjoyable one:

- Bring at least two roster sheets. The officials stand requires one roster sheet at the beginning of the meet.
- All athletes require a name tag for each event. An excellent way to keep them intact is to safety-pin them to T-shirts instead of sticking them on. The details of what needs to be on them is in the program. Tell your athletes that tags are taken at the end of races and at the beginning of field events.
- Before you set up your shade cover, check that you are in the correct location. The location of each school will be posted on the bleachers by 8:30 a.m. Please do not place your canopy in front of the bleachers. **Canopies must be secured.**
- We are at the mercy of the park's P.A. system. The many canopies also deflect the sound. Listen carefully for names of your athletes who have received a ribbon.
- Please communicate to your students and parents that placing first in a heat does not necessarily qualify the athlete for a ribbon. The 80m, 100m, and 200m have final races. In all other races the eight fastest times in the heats determine who receives the ribbons.
- Coaches: Please keep checking at the two ribbon booths for unclaimed ribbons. Track ribbons are picked up

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

In order to keep this meet safe and enjoyable for everyone, we need your assistance communicating these points to your student athletes throughout the day:

- Cooperate with and adhere to instructions from officials/adults.
- Listen and adhere to the P.A.
- Obey the restricted areas (especially keeping the high jump area, the area in front of the wall and the finish line clear).
- Stay off the infield area unless athletes are being marshaled for relays. Watch the high jump from outside the track.
- Relay runners should not leave their lanes until all runners have passed — do a shoulder check! Meet your teammates by returning outside the track.
- **Spectators may sit on the wall by the track. Once they stand they must immediately step onto the higher level. Do not walk between the wall and the track.**
- Stay out of the water park and away from the train.
- Keep the washrooms, bleachers and grounds tidy throughout the day. A major cleanup occurs before the final relay races.
- **Demonstrate good sportsmanship, recognize opponents, shake hands, etc.**
- **Please remind participants that this is a school event.**

Concessions are operated by six Surrey elementary schools. We encourage you to support them.

At the completion of the events, placement rosettes will be awarded to the first, second and third place schools in the Tyke, PeeWee and Bantam Divisions and to the first three overall schools.

A trophy and rosette will be awarded to the first place overall school at the track meet.

Points are totaled for sixty-six events over the course of the day. Occasionally errors have occurred. The total points for the top four teams are recalculated and any changes in standings are rectified within days.

The Glen Coleman Memorial Sportsmanship Trophy will be awarded each day to one of the schools displaying excellent sportsmanship and school spirit. One ballot per school will be handed out at the beginning of the track meet to assist us in awarding the sportsmanship trophy. **Please submit your choice so that we can make an informed decision.**

Best of luck to all participants, coaches and volunteer officials.

THANK YOU!

Jim Bennest **Ryan Bolton**
Graham Cooper **Ross Davidson**
Chris Gauvin **Joe O'Malley**
Andrew Shook **John Rogers**
Sharisse Mortimore

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

TRACK MEET SEATING

TINY SCHOOLS Tuesday, May 27	SMALL SCHOOLS Wednesday, May 28	MEDIUM SCHOOLS Thursday, May 29
1. Goldstone Park	1. Cloverdale Traditional	1. Laronde
2. Prince Charles	2. Mountainview Montessori	2. Bayridge
3. Forsyth Road	3. Panorama Park	3. James Ardiel
4. Latimer Road	4. Ray Shepherd	4. Old Yale Road
5. Jessie Lee	5. Crescent Park	5. Cedar Hills
6. McLeod Road	6. Dogwood	6. Janice Churchill
7. Hjorth Road	7. Morgan	7. Serpentine Heights
8. Sullivan	8. Brookside	8. Creekside
9. Clayton	9. Sunnyside	9. Northridge
10. Bridgeview	10. South Meridian	10. William Watson
11. Hall's Prairie	11. Semiahmoo Trail	11. W.E. Kinvig
12. East Kensington	12. Kennedy Trail	12. M.J. Shannon
13. Port Kells	13. Surrey Traditional	13. Coast Meridian
14. Pacific Heights	14. Don Christian	14. George Greenaway
15. Bothwell	15. Katzie	15. Sunrise Ridge
16. Royal Heights	16. Ocean Cliff	
17. Colebrook		
18. J.T. Brown		
19. H.T. Thrift		
20. Boundary Park		
21. Gabrielle-Roy		

LARGE SCHOOLS Monday, June 2	EX-LARGE SCHOOLS Tuesday, June 3	BIG SCHOOLS Wednesday, June 4
1. Berkshire Park	1. Erma Stephenson	1. Hazelgrove
2. Adams Road	2. K.B. Woodward	2. Chimney Hill
3. Betty Huff	3. Bear Creek	3. Coyote Creek
4. Chantrell Creek	4. David Brankin	4. Hillcrest
5. Woodland Park	5. Dr. F.D. Sinclair	5. Cindrich
6. Maple Green	6. M.J. Norris	6. M.B. Sanford
7. Surrey Centre	7. Georges Vanier	7. Bonaccord
8. Kirkbride	8. W.F. Davidson	8. Peace Arch
9. Henry Bose	9. Westerman	9. Lena Shaw
10. Senator Reid	10. T.E. Scott	10. Rosemary Heights
11. A.H.P. Matthew	11. Strawberry Hill	11. Holly
12. Fraser Wood	12. Woodward Hill	12. Simon Cunningham
13. Riverdale	13. White Rock	13. Frost Road
14. Newton	14. Green Timbers	14. Martha Currie
15. Cougar Creek	15. Beaver Creek	15. Walnut Road
16. Harold Bishop	16. A.J. McLellan	16. Cambridge

School names for seating will be taped on lowest bleacher.
Please sit where your school is assigned.

Note Rainout Days: Fri. May 30, Thur. June 5, Fri. June 6.

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

- STUDENTS ARE ASKED TO SIT IN DESIGNATED AREAS
- PLEASE SEE SIGNS POSTED IN THE BLEACHERS

IMPORTANT

9:30 a.m. COACHES MEETING at the RECORDER'S STAND

- **ALL STUDENTS MUST WEAR FOOTWEAR WHILE PARTICIPATING IN EITHER TRACK OR FIELD EVENTS.**
- **PLEASE DO NOT FORGET TO HAND IN LISTS OF COMPETITORS AND NAME TAGS.**

PLEASE NOTE:

Students born in 1999 are not permitted to compete.

BANTAM	Born during the years	2000 - 2001
PEE WEE	Born during the years	2002 - 2003
TYKE	Born during the years	2004 or later

The number of events students may enter will be controlled as follows:

TYKES, PEE WEES & BANTAMS	4 individual events plus 1 relay; OR 3 individual events plus 2 relays
TINY SCHOOLS	4 individual events plus 2 relays

OFFICIALS

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

TINY SCHOOL OFFICIALS
Tuesday, May 27, 2014

Field Events: **Greg Brown / Joe O'Malley**
Finish Line: **Graham Cooper, *Retired* / Andrew Shook, *Bridgeview* / Kate Colter, *Harold Bishop***
Recorders: **Connie McLean, *Colebrook* / Sharisse Mortimore, *Adams Road***

Starters: John Rogers, *Retired* & Brad Issel, *Cindrich*
Marshal: Chris Gauvin, *Martha Currie*
Head Timer: Jeff Unrau, *Pacific Heights*

Timers:

1. TBA	McLeod Road
2. TBA	McLeod Road
3. TBA	McLeod Road
4. TBA	Boundary Park
5. TBA	Boundary Park
6. TBA	Boundary Park
7. TBA	Hjorth Road
8. TBA	Hjorth Road

Judges:

1. TBA	Latimer Road
2. TBA	Latimer Road
3. TBA	Latimer Road
4. TBA	Bridgeview
5. TBA	Bridgeview
6. TBA	J.T. Brown
7. TBA	J.T. Brown
8. TBA	J.T. Brown

Track Recorder: Laurae McNally, *Trustee*
Announcers: Jim Bennest, *Henry Bose*

FIELD EVENTS

Shot Put	TBA	Sullivan/ Bothwell
Discus	TBA	Royal Heights
Triple Jump	TBA	H.T.Thrift
Long Jump	TBA	Jessie Lee
High Jump	TBA	Forsyth Road/Goldstone Park
Relay Judges	TBA	Gabrielle-Roy
Recording Stand:	TBA	Colebrook
(3 People Each)	TBA	East Kensington
	TBA	Pacific Heights
Field Recorders	TBA	Port Kells/Hall's Prairie

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

SMALL SCHOOL OFFICIALS
Wednesday, May 28, 2014

Field Events: **Greg Brown / Joe O'Malley**
Finish Line: **Graham Cooper, *Retired* / Jeff Unrau, *Pacific Heights***
Recorder: **Sharisse Mortimore, *Adams Road***

Starters: John Rogers, *Retired* / Chris Gauvin, *Martha Currie*
Marshal: Sandra Colp, *Brookside*
Head Timer: Glenn Young/Dean Maion, *Education Services*

Timers:

1. TBA	Mountainview
2. TBA	Mountainview
3. TBA	Mountainview
4. TBA	Ocean Cliff
5. TBA	Ocean Cliff
6. TBA	Ocean Cliff
7. TBA	Kennedy Trail
8. TBA	Kennedy Trail

Judges:

1. TBA	Sunnyside
2. TBA	Sunnyside
3. TBA	Sunnyside
4. TBA	TBA
5. TBA	TBA
6. TBA	Semiahmoo Trail
7. TBA	Semiahmoo Trail
8. TBA	Semiahmoo Trail

Track Recorder: Laurae McNally, *Trustee*
Announcer: Jim Bennest, *Henry Bose*

FIELD EVENTS

Shot Put	TBA	South Meridian
Discus	TBA	Don Christian
Triple Jump	TBA	Katzie
Long Jump	TBA	Ray Shepherd
High Jump	TBA	Surrey Traditional
Relay Judges	TBA	Cloverdale Traditional
Recording Stand:	TBA	Brookside
(3 People Each)	TBA	
	TBA	Dogwood
Field Recorder	TBA	Crescent Park

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

MEDIUM SCHOOL OFFICIALS
Thursday, May 29, 2014

Field Events: **Greg Brown / Joe O'Malley**
Finish Line: **Graham Cooper, *Retired* / Kate Colter, *Harold Bishop***
Recorder: **Sharisse Mortimore, *Adam's Road***

Starters: John Rogers, *Retired* / Chris Gauvin, *Martha Currie*
Marshals: Ryan Bolton, *William Watson* / Ross Davidson, *Retired*
Head Timer: Kevin M'lot, *Coast Meridian*

Timers:

1. TBA	William Watson
2. TBA	William Watson
3. TBA	William Watson
4. TBA	Serpentine Heights
5. TBA	Serpentine Heights
6. TBA	Serpentine Heights
7. TBA	Coast Meridian
8. TBA	Coast Meridian

Judges:

1. TBA	Creekside
2. TBA	TBA
3. TBA	TBA
4. TBA	TBA
5. TBA	Creekside
6. TBA	Creekside
7. TBA	Cedar Hills
8. TBA	Cedar Hills

Track Recorder: Laurae McNally, Trustee
Announcer: Jim Bennest, *Henry Bose*

FIELD EVENTS

Shot Put	TBA	M.J. Shannon
Discus	TBA	Sunrise Ridge
Triple Jump	TBA	Janice Churchill
Long Jump	TBA	Old Yale Road
High Jump	TBA	Laronde
Relay Judges	TBA	North Ridge
Recording Stand:	TBA	Bayridge
(3 People Each)	TBA	George Greenaway
	TBA	
Field Recorder	TBA	James Ardiel

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

LARGE SCHOOL OFFICIALS
Monday, June 2, 2014

Field Events: **Greg Brown / Joe O'Malley**
Finish Line: **Graham Cooper, *Retired* / Kate Colter, *Harold Bishop***
Recorder: **Sharisse Mortimore, *Adams Road***

Starters: John Rogers, *Retired* / Chris Gauvin, *Martha Currie*
Marshals Fred Hartmann, *Betty Huff*
Head Timers: Gary Loosemore, *Newton* / Joe Frank, *Kirkbride*

Timers:

1. Keith MacKenzie	Maple Green
2. TBA	Maple Green
3. TBA	Newton
4. TBA	Newton
5. TBA	Newton
6. TBA	Cougar Creek
7. TBA	Cougar Creek
8. TBA	Cougar Creek

Judges:

1. TBA	Woodland Park
2. TBA	Woodland Park
3. TBA	Woodland Park
4. TBA	Adam's Road
5. TBA	Adam's Road
6. TBA	Adam's Road
7. Vincent Gorman	Kirkbride
8. TBA	Kirkbride

Track Recorder: Laurae McNally, *Trustee*
Announcer: Jim Bennest*, Henry Bose*

FIELD EVENTS

Shot Put	TBA	Senator Reid
Discus	TBA	Chantrell Creek
Triple Jump	TBA	Fraser Wood
Long Jump	TBA	Harold Bishop/Surrey Centre
High Jump	TBA	Berkshire Park
Relay Judges	TBA	
Recording Stand:	TBA	
(3 People Each)	TBA	Riverdale
	TBA	Henry Bose
Field Recorder	TBA	Betty Huff

EXTRA LARGE SCHOOL OFFICIALS
Tuesday, June 3, 2014

Field Events: **Greg Brown / Joe O'Malley**
Finish Line: **Graham Cooper, *Retired,* / Steve Redding, *Holly***
Recorder: **Sharisse Mortimore, *Adams Road***

Starters: John Rogers, *Retired* / Chris Gauvin, *Martha Currie*
Marshal: Kate Colter, *Harold Bishop*
Head Timers: Chris Stanger, *Erma Stephenson* / Antonio Vendramin, *Georges Vanier*

Timers:

1. TBA	Erma Stephenson
2. TBA	Erma Stephenson
3. TBA	Erma Stephenson
4. TBA	Georges Vanier
5. TBA	Georges Vanier
6. TBA	Dr. F.D. Sinclair
7. TBA	Dr. F.D. Sinclair
8. TBA	Dr. F.D. Sinclair

Judges:

1. TBA	Westerman
2. TBA	Westerman
3. TBA	W.F. Davidson
4. TBA	W.F. Davidson
5. TBA	Westerman
6. TBA	Green Timbers
7. TBA	Green Timbers
8. TBA	Green Timbers

Track Recorder: Laurae McNally, *Trustee*
Announcer: Jim Bennest, *Henry Bose*

FIELD EVENTS

Shot Put	TBA	Strawberry Hill
Discus	Joe O'Malley	White Rock
Triple Jump	TBA	Woodward Hill / David Brankin
Long Jump	TBA	Bear Creek
High Jump	TBA	A.J. McLellan
Relay Judges	TBA	M.J. Norris
Recording Stand:	TBA	T.E. Scott
(3 People Each)	TBA	Beaver Creek
	Trish Bogart	
	TBA	
Field Recorder	TBA	K.B. Woodward

School District #36 (Surrey)
40 ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

BIG SCHOOL OFFICIALS
Wednesday, June 4, 2014

Field Events: **Greg Brown / Joe O'Malley**
Finish Line: **Graham Cooper, *Retired* / Kate Colter, *Harold Bishop***
Recorder: **Sharisse Mortimore, *Adams Road***

Starters: John Rogers, *Retired* / Chris Gauvin, *Martha Currie*
Marshal: Chris Baldry, *Chimney Hill*
Head Timer: Chris Stanger, *Erma Stephenson* / Brad Issel, *Cindrich*

Timers:

1. TBA	Bonaccord
2. TBA	Bonaccord
3. TBA	Bonaccord
4. TBA	Chimney Hill
5. TBA	Chimney Hill
6. TBA	Chimney Hill
7. TBA	Coyote Creek
8. TBA	Coyote Creek

Judges:

1. TBA	Rosemary Heights
2. TBA	Rosemary Heights
3. TBA	Rosemary Heights
4. TBA	Holly
5. TBA	Holly
6. TBA	Holly
7. TBA	Lena Shaw
8. TBA	Lena Shaw

Track Recorder: Laurae McNally, *Trustee*
Announcer: Jim Bennest, *Henry Bose*

Shot Put	TBA	Cambrdge
Discus	TBA	M.B. Sanford
Triple Jump	TBA	Hazelgrove
Long Jump	TBA	Hillcrest
High Jump	TBA	Cindrich
Relay Judges	TBA	Frost Road
Recording Stand:	TBA	Peace Arch
(3 People Each)	TBA	Simon Cunningham
	TBA	Martha Currie
Field Recorder	TBA	Walnut Road

PLEASE NOTE

In timed final heats there is no final race. The eight fastest times will be taken from the heats to determine the winners. Placing in a heat does not necessarily guarantee winning a ribbon.

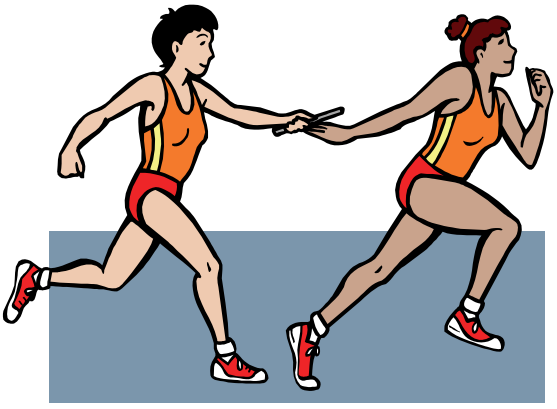
Sections of the 200m and 400m may be run with two competitors per lane to facilitate scheduling.

The medley relay is comprised of two students running 100 meters (2 x 100), 1 student running 200 meters (1 x 200), and 1 student running 400 meters (1 x 400).

Tyke medley relay is comprised of two students running 50 meters (2 x 50), 1 student running 100 meters (1 x 100), and 1 student running 200 meters (1 x 200).

600, 800, 1500 meters will not be run in lanes.

The 300, 400, 600, 800, 1500, 4 x 1000, and medley will be timed final heats.



TRACK & FIELD

SCHEDULE

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

TRACK & FIELD SCHEDULE

Field Events			**Track Events**			
09:45	BG	Discus	09:30	TG	600m**	Timed
	TB	Long Jump	09:35	TB	600m**	final heats
	PWG	Triple Jump	09:40	PWG	1500m	timers and
	PWB	High Jump	09:50	PWB	1500m	judges
	BB	Shot Put	10:00	BG	1500m	1-8th
			10:10	BB	1500m	place.
11:00	PWG	High Jump	10:20	TG	80m	
	PWB	Triple Jump	10:30	TB	80m	Timed
	BG	Shot Put	10:40	PWG	100m	heats
	BB	Long Jump	10:50	PWB	100m	time top 5.
			11:00	BG	100m	
12:00	TG	Long Jump	11:10	BB	100m	
	TB	High Jump	11:20	TG	80m	
	PWG	Discus	11:25	TB	80m	Finals
	PWB	Shot Put	11:30	PWG	100m	judges to
	BG	Triple Jump	11:35	PWB	100m	8th place.
			11:40	BG	100m	
13:15	TG	Shot Put	11:45	BB	100m	
	TB	Triple Jump	11:50	PWG	400m**	
	PWG	Long Jump	12:05	PWB	400m**	Timed
	PWB	Discus	12:20	BG	400m**	final heats
	BB	High Jump	12:35	BB	400m**	time
			12:50	TG	300m**	top 5.
14:15	TG	Triple Jump	13:00	TB	300m**	
	TB	Shot Put	13:10	PWG	200m	Timed
	PWB	Long Jump	13:20	PWB	200m	heats
	BG	High Jump	13:30	BG	200m	time
	BB	Discus	13:40	BB	200m	top 5.
			13:50	PWG	800m	Timed
15:15	PWG	Shot Put	14:00	PWB	800m	final heats
	TG	High Jump	14:10	BG	800m	time top 8
	BG	Long Jump	14:20	BB	800m	in each heat.
	BB	Triple Jump	14:30	PWG	200m	Finals
			14:35	PWB	200m	judges to
			14:40	BG	200m	8th
			14:45	BB	200m	place.
			14:50	TG	4 x 100	
			15:00	TB	4 x 100	
17:10	PRESENTATIONS		15:10	PWG	4 x 100	
			15:20	PWB	4 x 100	
			15:30	BG	4 x 100	
			15:40	BB	4 x 100	
**	TIMED FINAL HEATS		15:50	TG	Medley	
			16:00	TB	Medley	
			16:10	PWG	Medley	
			16:20	PWB	Medley	
			16:30	BG	Medley	
			16:40	BB	Medley	

HEAT AND LANES

Heat and lanes will be assigned fairly upon arrival of students to the heats. Students that arrive late will be assigned to remaining lanes.

Every effort will be made to vary lane assignment. Please remind runners that they are racing against time when competing in heats and timed finals.

NO AGGREGATE TROPHIES FOR INDIVIDUALS.

RIBBONS UP TO EIGHTH PLACE

ROSETTES FOR:

Tyke, PeeWee, and Bantam Champions
1st, 2nd, and 3rd Overall

TROPHIES FOR:

Overall Team
Glen Coleman Sportsmanship Award

ROSETTES FOR:

1st, 2nd, 3rd Overall

SAMPLE NAME TAG

SPEEDY GONZALES		
Roadrunner Elementary	80 m	T.B.

Label Size Recommended: 1.6cm x 8.9cm
(Please do not use larger or wider tags)

(File Folder Label #'s 2180, 2181, 5366,
5766, 5866, 5966, 8166, 8366
make this task easy.)

PLEASE MAKE SURE THE NAME OF THE COMPETITOR, EVENT AND SCHOOL IS LEGIBLE (PREFERABLY TYPED).

NOTE:

- A NAME TAG is required for EVERY EVENT the athlete is in.
- Schools must supply their own name tags.

STANDARDS

STANDINGS

RECORDS

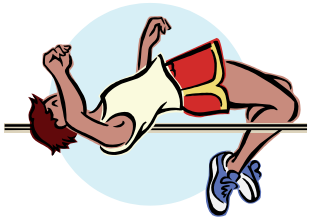
STANDARDS
2014

In field events it is very important that all athletes are trained in the various disciplines.

We have removed the standards for all events except the high jump. Athletes do not have to meet a standard to enter the track meet except for the limit of two athletes per event.

In the high jump the bar will begin at or just below the standard.

We recommend that you consult the results booklet from last year's track meet. This is the best indicator of the level of competition at the track meets.

HIGH JUMP	Bantam Boys	1.25m
	Bantam Girls	1.20m
	Pee Wee Boys	1.18m
	Pee Wee Girls	1.10m
	Tyke Boys	0.95m
	Tyke Girls	0.95m

39th Annual Barry Morley Memorial District Track Meet—2013

Final Standings for the TINY Schools

	SCHOOL	TYKES	PEE WEES	BANTAMS	TOTAL
1.	Boundary Park	124	122	80	326
2.	Latimer Road	108.5	76	128.5	313
3.	Bothwell	38	117	99	254
4.	Jessie Lee	23	101	84	208
5.	Hjorth Road	64	46	77	187
6.	Gabrielle-Roy	74	54	28	156
7.	Sunnyside	27.5	72	38	137.5
8.	Sullivan	20	66	46.5	132.5
9.	Forsyth Road	13	48.5	66	127.5
10.	Colebrook	58	37	7.5	102.5
11.	McLeod Road	48.5	32	21	101.5
12.	Royal Heights	12	62	22	96
13.	Bridgeview	45	23	25.5	93.5
14.	Port Kells	9	52	9	70
15.	J.T. Brown	46.5	5	9	60.5
16.	Hall's Prairie	0	12.5	16	28.5
17.	E. Kensington	0	9	2	11

DIVISION WINNERS

	FIRST PLACE	SECOND PLACE	THIRD PLACE
TYKES	**Boundary Park**	**Latimer Road**	**Gabrielle-Roy**
PEE WEES	**Boundary Park**	**Bothwell**	**Jessie Lee**
BANTAMS	**Latimer Road**	**Bothwell**	**Jessie Lee**

GLEN COLEMAN MEMORIAL SPORTSMANSHIP AWARD:

LATIMER ROAD

HONOURABLE MENTION:

Hjorth Road, Jessie Lee, Hall's Prairie, Colebrook

39th Annual Barry Morley Memorial District Track Meet—2013

Final Standings for the SMALL Schools

	SCHOOL	TYKES	PEE WEES	BANTAMS	TOTAL
1.	Bayridge	67	179	131	377
2.	Crescent Park	46	128	79	253
3.	Ocean Cliff	85.5	60	87	232.5
4.	South Meridian	80	48	81	209
5.	Semiahmoo Trail	49	106	26	181
6.	Dogwood	67.5	5	107	179.5
7.	Sunrise Ridge	35	25	82	142
8.	Surrey Centre	27	64	32	123
9.	Pacific Heights	15	52	16	83
10.	Cloverdale Traditional	15	34	10	59
11.	Panorama Ridge	9	10	31	50
12.	Kennedy Trail	5	23	17	45
13.	H.T. Thrift	15	7	8	30
14.	Mountainview Mont.	5	12	11	28
15.	Prince Charles	1	3	17	21
16.	Surrey Traditional	6	6	4	16

DIVISION WINNERS

	FIRST PLACE	SECOND PLACE	THIRD PLACE
TYKES	**Ocean Cliff**	**South Meridian**	**Dogwood**
PEE WEES	**Bayridge**	**Crescent Park**	**Semiahmoo Trail**
BANTAMS	**Bayridge**	**Dogwood**	**Ocean Cliff**

GLEN COLEMAN MEMORIAL SPORTSMANSHIP AWARD:

Awarded to all teams for their outstanding Sportsmanship

39th Annual Barry Morley Memorial District Track Meet—2013

Final Standings for the MEDIUM Schools

	SCHOOL	TYKES	PEE WEES	BANTAMS	TOTAL
1.	Ray Shepherd	167.5	137.5	143	448
2.	William Watson	135	119..5	112	366.5
3.	Laronde	111	91.5	110	312.5
4.	Don Christian	13	114	105.5	232.5
5.	Morgan	55	69	49	173
6.	Brookside	41	55	64	160
7.	George Greenaway	44	53.5	57	154.5
8.	Adams Road	33	82	24.5	139.5
9.	Old Yale Road	16	45.5	42	103.5
10.	James Ardiel	12	82	7.5	101.5
11.	Coast Meridian	28	22	12	62
12.	Hyland	17.5	12.5	31	61
13.	North Ridge	6	2	48	56
14.	W.E. Kinvig	0	39.5	10	49.5
15.	Cedar Hills	15	17	3.5	35.5
16.	Creekside	22	3	1	26

DIVISION WINNERS

	FIRST PLACE	SECOND PLACE	THIRD PLACE
TYKES	**Ray Shepherd**	**William Watson**	**Laronde**
PEE WEES	**Ray Shepherd**	**William Watson**	**Don Christian**
BANTAMS	**Ray Shepherd**	**William Watson**	**Laronde**

GLEN COLEMAN MEMORIAL SPORTSMANSHIP AWARD:

CEDAR HILLS

HONOURABLE MENTION:

Old Yale Road, Laronde, William Watson

39th Annual Barry Morley Memorial District Track Meet—2013

Final Standings for the LARGE Schools

	SCHOOL	TYKES	PEE WEES	BANTAMS	TOTAL
1.	Henry Bose	98	135	118.5	351.5
2.	Berkshire Park	53	145	149	347
3.	Fraser Wood	101	102	74.5	277.5
4.	Chantrell Creek	64	92	77	233
5.	Harold Bishop	34	45	128	207
6.	Maple Green	89	48	39	176
7.	Janice Churchill	30	57	77.5	164.5
8.	Serpentine Heights	28	49	73	150
9.	Riverdale	93	22	28	143
10.	Woodland Park	29	61	46	136
11.	Cougar Creek	31	31	66	128
12.	M.J. Shannon	16	56.5	22	94.5
13.	Kirkbride	17	31	19	67
14.	A.H.P. Matthew	16	32.5	18.5	67
15.	Betty Huff	18	24	5	47
16.	David Brankin	0	2	0	2

DIVISION WINNERS

	FIRST PLACE	SECOND PLACE	THIRD PLACE
TYKES	**Fraser Wood**	**Henry Bose**	**Riverdale**
PEE WEES	**Berkshire Park**	**Henry Bose**	**Fraser Wood**
BANTAMS	**Berkshire Park**	**Harold Bishop**	**Henry Bose**

GLEN COLEMAN MEMORIAL SPORTSMANSHIP AWARD:

TIE BETWEEN M.J. SHANNON AND COUGAR CREEK

39th Annual Barry Morley Memorial District Track Meet—2013

Final Standings for the EX-LARGE Schools

	SCHOOL	TYKES	PEE WEES	BANTAMS	TOTAL
1.	White Rock	131	222.5	178	531.5
2.	A.J. McLellan	53	168	92	313
3.	Peace Arch	151.5	52.5	71	275
4.	M.B. Sanford	40	80	60	180
5.	Woodward Hill	77	40	56	173
6.	Westerman	18.5	118	32	168.5
7.	Holly	64.5	25	64	153.5
8.	M.J. Norris	22	34	91.5	147.5
9.	Dr. F.D. Sinclair	53	39.5	45	137.5
10.	Green Timbers	28.5	21	74	123.5
11.	K.B. Woodward	13	38	72	123
12.	Strawberry Hill	33	49	27	109
13.	Senator Reid	29	10.5	27	66.5
14.	Newton	0	41	8	49
15.	Georges Vanier	0	3	25	28
16.	T.E. Scott	3	0	5	8

DIVISION WINNERS

	FIRST PLACE	SECOND PLACE	THIRD PLACE
TYKES	**Peace Arch**	**White Rock**	**Woodward Hill**
PEE WEES	**White Rock**	**A.J. McLellan**	**Westerman**
BANTAMS	**White Rock**	**A.J. McLellan**	**M.J. Norris**

GLEN COLEMAN MEMORIAL SPORTSMANSHIP AWARD:

K.B. WOODWARD

HONOURABLE MENTION:

Holly, Strawberry Hill, M.B. Sanford

39th Annual Barry Morley Memorial District Track Meet—2013

Final Standings for the BIG Schools

	SCHOOL	TYKES	PEE WEES	BANTAMS	TOTAL
1.	Martha Currie	132	193	80	405
2.	Cambridge	115	96.5	63	274.5
3.	Frost Road	16	107.5	144	267.5
4.	Erma Stephenson	113	92.5	57	262.5
5.	Hillcrest	92	56	112	260
6.	Hazelgrove	52	96	48	196
7.	Coyote Creek	52	52	68	172
8.	Walnut Road	34	90	31	155
9.	Chimney Hill	10	24	88	122
10.	Simon Cunningham	10	14.5	76	100.5
11.	Bonaccord	38	42	15	95
12.	Lena Shaw	13	14	56	83
13.	Cindrich	7	31	22	60
14.	W.F. Davidson	7	25	16	48
15.	Clayton	3	1	37	41
16.	Beaver Creek	11	3.5	5	19.5

DIVISION WINNERS

	FIRST PLACE	SECOND PLACE	THIRD PLACE
TYKES	**Martha Currie**	**Cambridge**	**Erma Stephenson**
PEE WEES	**Martha Currie**	**Frost Road**	**Cambridge**
BANTAMS	**Frost Road**	**Hillcrest**	**Martha Currie**

GLEN COLEMAN MEMORIAL SPORTSMANSHIP AWARD:

WALNUT ROAD

HONOURABLE MENTION:

Frost Road

FIELD EVENT RECORDS—2013

DIVISION	SCHOOL	NAME	EVENT	RECORD	YEAR
BB	James Ardiel	Johann Wilson	High Jump	1.67	1983
BG	Harold Bishop	Christobel Nettey	High Jump	1.56	2004
PWB	James Ardiel	Laurier Primeau	High Jump	1.53	1982
PWG	Harold Bishop	Sabrina Netty	High Jump	1.55	2002
TB	James Ardiel	Laurier Primeau	High Jump	1.41	1980
TG	White Rock	Jennifer Ashley	High Jump	1.35	1983
BB	**Harold Bishop**	**Wilson Colobong**	**Long Jump**	**5.45**	**2013**
BG	Harold Bishop	Christobel Nettey	Long Jump	4.90	2004
PWB	White Rock	Seth Longworth	Long Jump	4.73	1983
PWG	Harold Bishop	Sabrina Netty	Long Jump	5.12	2002
TB	Green Timbers	Chris Nelson	Long Jump	4.12	1985
TG	Bayridge	Jessica Williams	Long Jump	4.08	2009
BB	Betty Huff	Johann Pierre	Triple Jump	11.12	1984
BG	Clayton	Melissa Amado	Triple Jump	10.10	1998
PWB	Betty Huff	Johann Pierre	Triple Jump	9.97	1983
PWB	**White Rock**	**Luke Wagner**	**Triple Jump**	**10.31**	**2013**
PWG	Chantrell Creek	Emily Killam	Triple Jump	9.87	2011
TB	James Ardiel	Greg Anderson	Triple Jump	9.16	1980
TG	Chantrell Creek	Emily Killam	Triple Jump	8.26	2009
BB	Mary Jane Shannon	Renee Bourque	Shot Put	15.18	1981
BG	Chantrell Creek	Eilish MacDonald	Shot Put	11.88	2007
PWB	Fraser Wood	Jordon Yan	Shot Put	11.10	2003
PWG	Don Christian	Leah Riske	Shot Put	10.02	2002
TB	William F. Davidson	Justin Vanldo	Shot Put	8.74	1995
TG	Riverdale	Aida Croal	Shot Put	8.47	1984
TB	Martha Currie	Ben Ingvaldsen	Shot Put (4 lb)	9.38	2007
TG	Kennedy Trail	Shantel Prasad	Shot Put (4 lb)	7.72	2009
BB	Grandview Heights	Mark Benda	Discus	40.16	1978
BG	Chantrell Creek	Eilish MacDonald	Discus	29.25	2007
PWB	White Rock	Chris Day	Discus	32.44	2000
PWG	**Newton**	**Dolly Gabri**	**Discus**	**28.12**	**2013**

*** Denotes new record**

TRACK EVENTS RECORDS—2013

DIVISION	SCHOOL	NAME	EVENT	RECORD	YEAR
TB	**Martha Currie**	**Matteo Campagna**	**80m**	**11.83**	**2013**
TG	**Fraser Wood**	**Estella Mainella**	**80m**	**11.84**	**2013**
BB	Jessie Lee	Adam Quinones	100m	12.07	1994
BG	A.H.P. Matthew	Maureen Lasko	100m	12.61	1982
PWB	Crescent Park	Todd Lucyk	100m	12.94	1998
PWG	Harold Bishop	Sabrina Netty	100m	12.77	2002
BB	Green Timbers	Joel Nelson	200m	24.00	1992
BG	**Hillcrest**	**Amanda Moore**	**200m**	**26.68**	**2013**
PWB	Berkshire Park	Liam Smith	200m	26.82	2001
PWG	Harold Bishop	Sabrina Netty	200m	26.33	2002
TB	James Ardiel	Greg Anderson	300m	49.10	1980
TB	William Watson	Cam Mitchell	300m	49.10	2000
TG	Ocean Cliff	Danielle Steer	300m	51.31	2009
BB	Berkshire Park	Liam Smith	400m	56.71	2002
BG	James Ardiel	Cheyanne Tunti	400m	1:01.48	2007
PWB	Berkshire Park	Liam Smith	400m	1:02.01	2001
PWG	William F. Davidson	R. Jensen	400m	1:02.50	1972
TB	H.T. Thrift	Kirk Buchanan	600m	1:49.39	1985
TG	Erma Stephenson	Angie Boylan	600m	1:52.88	1990
BB	Berkshire Park	Liam Smith	800m	2:17	2002
BG	Chimney Hill	Lily Mahal	800m	2:28.15	2008
PWB	Henry Bose	Chris Smith	800m	2:23.46	1981
PWG	Chimney Hill	Lily Mahal	800m	2:34.13	2007
BB	Port Kells	Matthew Otway	1500m	4:35.90	1979
BG	Latimer Road	Patti Wallace	1500m	4:51.70	1978
PWB	K.B. Woodward	Randy Schellenberg	1500m	4:51.40	1972
PWG	Sunnywide	Selina Morley	1500m	5:15.38	1982
BB	William F. Davidson		4x100m	51.56	1986
BG	Bayridge		4x100m	54.38	2008
PWB	Ray Shepherd		4x100m	57.25	1983
PWG	Hillcrest		4x100m	58.42	2009
TB	James Ardiel		4x100m	1:02.40	1980
TG	Bayridge		4x100m	1:04.51	2008

TRACK EVENTS RECORDS—2013 (Cont'd)

DIVISION	SCHOOL	NAME	EVENT	RECORD	YEAR
BB	William F. Davidson		Medley	1:54.07	1986
BG	Mary Jane Shannon		Medley	2:01.54	1994
PWB	Martha Currie		Medley	2:03.63	2004
PWG	Chimney Hill		Medley	2:11.33	2004
TB	Riverdale		Medley	1:02.66	1991
TG	A.H.P. Matthew		Medley	1:04.20	1986

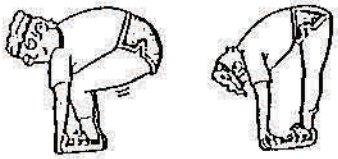
School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

EIGHT MUSTS

Stretches and Mobility Exercises

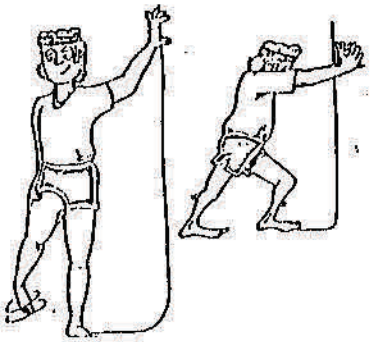
The following 8 exercises should be carried out both before and after your jog or run in order to keep up your flexibility and to decrease the chance of injury.
Each of the exercises should be held for at least 10 seconds and should be repeated 2 – 3 times in each position.

Do not bounce or jerk when stretching.
Try to breathe normally.



1. Hamstring Lower Back

- squat down and grab your toes
- holding toes try to straighten legs
- straighten until you feel a pull, then hold.



2. Ankles

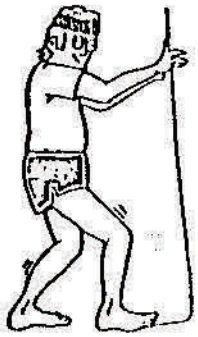
- Ankle Circles. Make complete rotation with your ankles both ways.
- Point Flex. Point toes as much as you can, pull toes back toward your knees. This helps strengthen the front of your legs to help prevent shinsplints.

This article was obtained from John Roger's Inservice on conditioning and sprints. John received the material from Richmond Leisure Services.

Test: Minoru Fitness Assessment Centre
Graphics: Dennis Wager

3. Calf Stretch

- place hands on wall, stand arms length away from wall
- one foot behind, leg straight, heel on the floor
- lean body towards the wall
- foot points directly towards the wall
- do both legs



4. Soleus Achilles Tendon

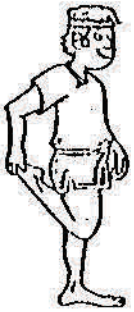
- same position as 3
- bend back knee. Push it towards the floor.
- keep your heel on the floor
- both legs

5. Hip Flexor Stretch

- legs apart, one forward one back
- bend front leg, keeping back leg straight
- back heel comes off floor
- Both feet are facing forward. Do not turn back foot.

6. Groin Hip Stretch

- feet apart, bend one leg
- body goes to bent leg side
- stretch inside of straight leg
- keep both feet flat on the floor.



7. Thigh Stretch

- stand straight
- grab one foot up behind you
- bent knee should be slightly behind straight knee
- keep upper body straight

8 Side Bending

- stretches out breathing muscles
- stand straight, feet just more than shoulder width apart
- slide right arm down leg stretch left arm over head towards the right side. Bend right leg slightly.
- keep body facing forward, do not turn.

REGULATIONS

It might be valuable to go over these regulations with your athletes.

TRACK

- All races up to and including 400 meters will be run in lanes.
- Both feet must be in contact with the ground when starting.
- Competitors must not place hands or fingers on the starting line.
- A false start will be signaled by the firing of a second shot (or a whistle).
- Athletes are only allowed one false start.
- Athletes must stay in lanes during and after the race.
- The finish of a race is marked by the torso (chest area) crossing the perpendicular plane of the nearer edge of the finish line.
- A person not participating is not allowed to pace the athletes.
- A winner of a heat does not necessarily win a ribbon. Some races are timed finals, others will have a final race.

RELAYS

- The person who drops a baton must pick it up.
- An athlete must not impede other runners.
- Incoming runners must stay in their lane until the track is cleared.
- The baton must be handed over in the exchange zone, not thrown.
- It is the baton that is judged as being in or out of the exchange zone, not the runner.
- The baton cannot be received before or after the exchange zone.
- Runners must be in the correct lane and remain in the correct lane throughout the race.
- Remain in the lane after the finish of the race.

TIMING

- Two watches will be on first. A disagreement results in an average of the two times.
- Start on the flash or smoke of the gun. Stop the watch when the torso crosses the finish line.
- Do not return watch to zero until instructed to do so by the chief Time-keeper.

DISTANCE RACES

- Runners must allow 2 strides on other athletes before cutting over to the curb lane.
- Group start.
- Runners must not impede other runners from passing on the outside.
- Races 400m and above including relays may be Timed Finals therefore the runners are racing the clock.
- Fastest runners are encouraged to run in the same heat.

FIELD EVENT REGULATIONS

HIGH JUMP

- Competitors must take off from one foot.
- They may jump at any height above the minimum that they choose.
- They are allowed three attempts at each height or if they miss their first or second attempt they may pass and compete at a higher height.
- A competitor who fails three consecutive jumps is eliminated even if the jumps were not made at the same height.
- If time is a factor the official may put a time limit on the competitor between the attempts on the bar or after his/ her name is called.

- Competitors must inform official when leaving the high jump for other activities and must return as soon as possible and inform the official on return. The bar will not be lowered for returning competitors.
- Ties will be decided in the following manner:
  a) The competitor with the lowest number of jumps at the height at which the tie occurs shall be awarded the higher place.
  b) If the tie still remains, the competitor with the lowest total of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.
  c) If the tie still remains after (b) and concerns first place, the following procedure shall apply:
     i) The tying competitors shall have one more jump at the lower height at which they failed;
     ii) If no decision is reached the height of the bar shall be lowered or raised to the heights which shall be announced by the Chief Judge of the event until the tie is broken;
     iii) Tying competitors shall jump in the same order as in the competition proper.
     iv) They shall make one attempt only at each height and must jump on each occasion that the height of the bar is altered.
  d) If the tie concerns any other place than first place, the competitors shall be awarded the same place in the competition.

LONG JUMP

- Competitors must jump on or behind the take off board.
- The distance is measured from the closest edge of the take off board to the pit to the nearest mark left in the landing pit by the jumper.
- Each competitor is allowed three jumps.
- If ties occur the second furthest jump will be used.
- If a tie still occurs the third furthest jump will be used.
- One foot take-off only.
- Leaving and returning competitors must inform the officials.
- The zero end of the tape is placed at the mark in the pit.

TRIPLE JUMP

- Hop-step-jump (e.g. right foot to right foot to left foot to both feet).
- If the leg not used in the hop touches the ground the jump is not counted.
- Everything is the same as in the long jump.

DISCUS (1000 grams) Circle 8'2-1/2 sector 49°

- It must land within 49° sector.
- Competitor must leave by the rear half of the circle.
- Three throws are allowed.
- Measurement is taken from inside edge of the rim. Zero end of the tape is placed where the discus touches the ground and the reel end of the tape is placed in the center spot of the circle. The distance is recorded at the rim's inside edge.
- Stepping outside of circle or on rim during throw constitutes a foul.
- Ties are broken as in long jump.

SHOT PUT 6 lbs. Circle 7 feet 49° sector * Note 4 lbs - Tykes

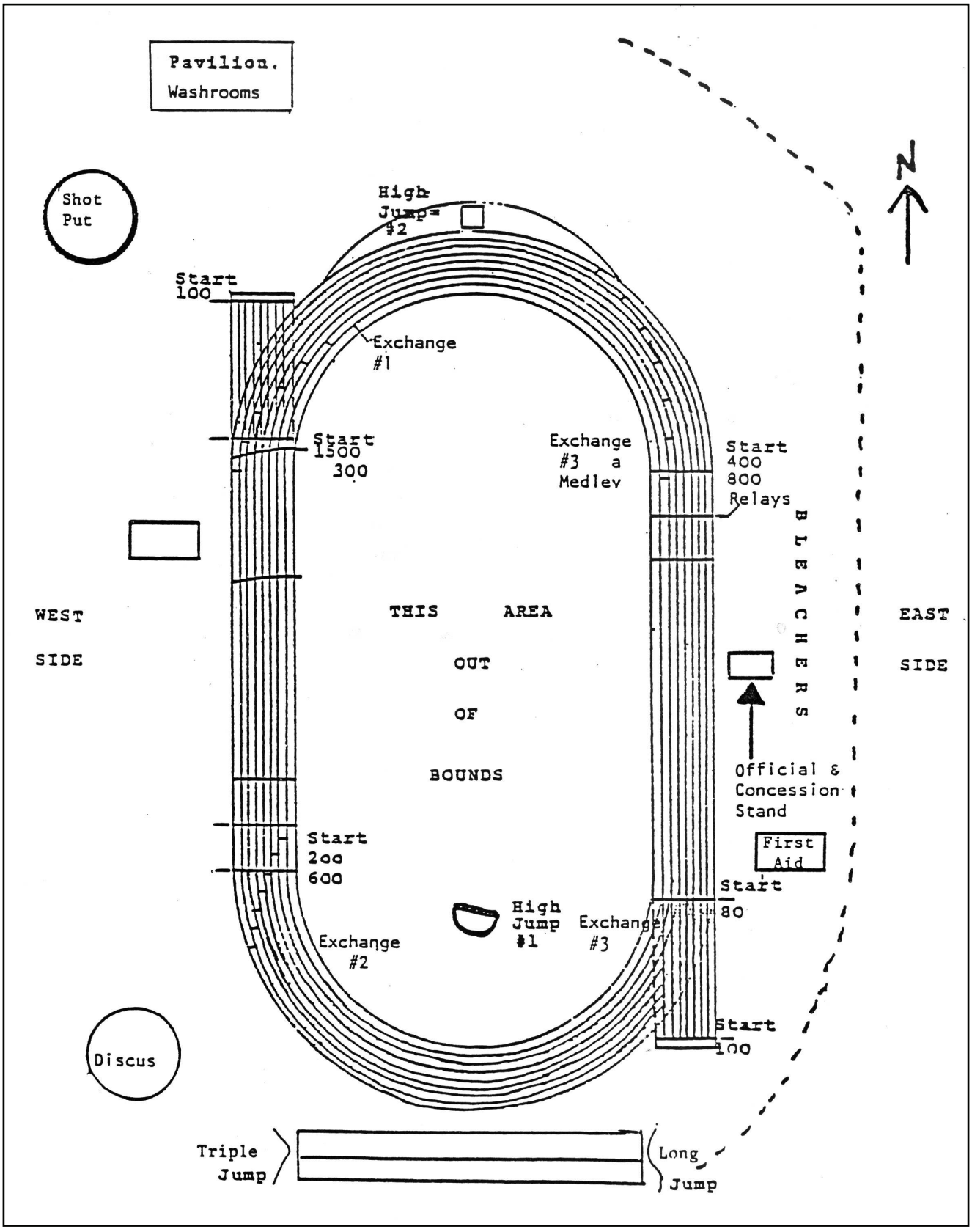
- Three throws are allowed.
- The shot shall touch or be in close proximity to the chin and neck area.
- It is tossed with one hand only. It must land in 49° sector.
- The hand shall not be brought behind the line of the shoulders which constitutes a throwing action and therefore a foul.
- Competitor must leave by rear half of the circle.
- Competitor must not step outside or on the rim of the circle during the toss.
- Measurement the same as discus.
- Ties the same as long jump.

SCORING POINTS	RELAYS	INDIVIDUALS
1st	12	9
2nd	10	7
3rd	8	6
4th	6	5
5th	5	4
6th	4	3
7th	3	2
8th	2	1

OUR SINCERE THANKS TO:

- **The highly spirited competitors**
- **All of the Officials**
- **All of the Volunteer Assistants**
- **Coaches of participating teams**
- **Those who overlooked our mistakes**
- **S.E.S.A.A. (formerly S.E.A.S.)**
- **Glenn Young, PE Helping Teacher**
- **Dean Maion, PE Helping Teacher**
- **Melinda Lee for helping complete this program and the results**
- **Our Friends at Peninsula Runners for their contributions to our coaches.**

BEAR CREEK PARK TRACK



FEEDBACK

We are interested in your ideas:
~ what you liked and areas for improvement.

Please send your comments to:

Ryan Bolton
William Watson Elementary
Courier #057

Name: _____

School: _____

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)

B.G.		.....SEE OVER
B.B.		FIELD EVENTS
P.W.G.		
P.W.B.	100m 200m 400m 800m 1500m	Medley
T.G.		
T.B.		
	80m 200m 300m 400m 600m 800m 1500m	4 x 100 Medley

LIST OF COMPETITORS

School: _____

Coach: _____

	T.B.	T.G.	P.W.B.	P.W.G.	B.B.	B.G.
LONG JUMP	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
HIGH JUMP	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
TRIPLE JUMP	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
SHOT PUT	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
DISCUS			**DISCUS**			
			_____	_____	_____	_____
			_____	_____	_____	_____

SCHOOL: _____ **COACH:** _____

TOTAL NUMBER OF PARTICIPANTS: _____

TRACK EVENTS …. SEE OVER

School District #36 (Surrey)
40th ANNUAL BARRY MORLEY MEMORIAL ELEMENTARY TRACK MEET (2014)