SESAA ATHLETICS 2026 - 2027
A Quick Glance

SOCCER

Convenor:	Taylor Weakes		**Coaches Meeting**	Sep. 17, 2026
Registration Opens	Sep. 8, 2026	**Registration Closes**	Sep. 18, 2026	
League Play	Sep. 21 – Oct. 9, 2026	**Play Day**	Oct. 13-16, 2026	
Notes:	Coaches organize their own schedules.			

CROSS COUNTRY

Convenor(s):	Lisa St. James / Kim Susheski (East)		**Coaches Meeting**	n/a
	Gia Sengara/Erin Santoro (North / Central)			
	Ross Davidson (South)			
Registration Opens:	Sep. 8, 2026	**Registration Closes**	Sep. 18, 2026	
League Play:	Sep 29 – Oct 21, 2026	**Play Day**	n/a	
Notes:	East Zone runs out of Fleetwood Part on Tuesdays			
	North / Central Zone runs out of Bear Creek on Wednesdays (except for first day is on a Tuesday)			
	South Zone runs out of Cresent Park on Tuesdays			

VOLLEYBALL

Convenor:	Vanessa Wiebe		**Coaches Meeting**	n/a
Zone Coordinators:	Schedule league games			
Registration Opens	Oct. 1, 2026	**Registration Closes**	Oct. 8, 2026	
League Play	Oct. 19 – Nov. 19, 2026	**Play Day**	Nov. 23 – 27, 2026	
Notes:	Volleyball Coaching Clinic TBA			
	Co-ed play Mondays, Boys play Wednesday and Girls play Thursday			

BASKETBALL

Convenor:	Aman Dahal / Erik Henderson		**Coaches Meeting**	n/a
Zone Coordinators:	Schedule league games			
Registration Opens	Dec. 7, 2026	**Registration Closes**	Dec. 18, 2026	
League Play	Jan. 18 – Feb. 19, 2027	**Play Day**	Feb. 22 – 26, 2027	
Notes:	Referee Clinic: Jan. 12, 2027 / Coaches Clinic: TBA			
	Co-ed play Mondays, Boys play Wednesday and Girls play Thursday			

ULTIMATE

Convenor:	Kim Buchanan / Paul Thompson		**Coaches Meeting:**	n/a
Registration Opens:	Feb. 9, 2027	**Registration Closes:**	Feb. 18, 2027	
League Play:	Mar. 8 – Apr. 23, 2027	**Play Day:**	05-May-27	
Notes:	Coaches organize their own schedules.			
	ABC's of Ultimate: TBA			

BADMINTON

Convenor:	Michael Legge		**Coaches Meeting**	n/a
Registration Opens	Feb. 2, 2027	**Registration Closes**	Feb. 11, 2027	
League Play	Mar. 31 – Apr. 30, 2027	**Play Day**	May 4 & 6, 2026	
Notes:	Coaches Clinic: Feb. 9			
	Grade 5/6' play Tuesday; Grade 7's play Thursday			

STM				
Convenor:	Neda Matterson / Carol McClean		**Coaches/IST Meeting**	Late Feb / Early Mar
Registration Opens	Mar. 31, 2027	**Registration Closes**	when full	
League Play	May 11 – 12, 2027	**Play Day**	n/a	
Notes:	Tuesday, May 11 Registration: City Centre, Guildford, South Surrey/White Rock			
	Wednesday, May 12 Registration: Cloverdale/Clayton, Newton/Fleetwood, Panorama/Sullivan			
	Rainout Days May 13 - 14			

TRACK AND FIELD				
Convenor:	Lisa St. James, Sara Semkiw, Marg Geddes		**Coaches Meeting**	Late Nov. / Early Dec.
Registration Opens	TBA	**Registration Closes**	TBA	
League Play	Tiny Schools	Tue., May 25		
	Small Schools	Wed, May 26		
	Medium Schools	Thu, May 27		
	Large Schools	Mon, May 31		
	X-Large Schools	Tue, June 1		
	Big Schools	Wed, June 2		
Notes:	Rain Out Days: Fri., May 28, Thu. June 3 and Fri., Jun 4 Organizational Meeting: TBA Clinics: TBA			

OTHER
Coaches Appreciation: Tuesday, October 27 – to be confirmed
AGM – Thursday, May 27
Executive Meetings: TBA

SESAA OBJECTIVES

Extends the physical education program.
Helps students begin to set personal goals with commitment and responsibility.
Increases school spirit.
Encourages good sportsmanship.
Provides greater student participation.
Provides a challenge to physically gifted athletes.
Encourages a greater emphasis on team play.
Leads to wholesome competition.
Is organized with a definite structure.
Increases physical fitness.
Is enjoyed by the children.
Encourages a higher level of skill development.
Fosters positive social development.